

Can laser therapy help your Knee Pain? New research on knee pain laser therapy published May 2014 says yes.

LASER THERAPY FOR KNEE PAIN IS VALIDATED THROUGH RESEARCH

“We conclude that combination of super-pulsed laser, red and infrared LEDs is effective to decrease pain and improve quality of life in patients with knee pain.”

“My knee feels much better at this time. It seems I can maintain a better stride while walking. Little or no pain.”

“During the last several years, I have been having pain in my right knee after yard chores (leaf blowing, mowing, etc.) Usually after a few days rest, it would subside. This last year it was the worst ever painful.”

“45 years ago I suffered a compound fracture of my right tibia. Repair was made using a 12 ½ inch lotus nail which was then removed. I have swelling and a stiff Achilles tendon.”

“20 years ago, just before I retired, I injured my right knee. The orthopedic doctor that attended found no broken bones. However, he had me do some physical therapy at that time.” “My right left and knee have been stiff for many years.”

(After the Timber Ridge Knee Program)

“At this time, my knee feels the best it has been for many years. The 24 sessions Knee Decompression/Cold Laser Program has definitely helped my overall knee condition.”

“Several members of my immediate peer group have had knee replacements. I opted to respond to your knee pain evaluation offer shown in the Sun News. The x-rays and examination showed clearly that I was in need of attention. The personnel at the Clinic were friendly and courteous. The whole experience was very satisfactory. Thank you.”

Benefits From the Knee Decompression/Cold Laser Program: ““My knee feels much better at this time. It seems I can maintain a better stride while walking. Little or no pain.”

Likes Best About the Knee Decompression/Cold Laser Program: “Pain-Relief, Soothing.”

~Richard A. Klein, North Royalton, Retired Fire Fighter (city of Cleveland)

“WHY DID I WAIT?!”

“Twas the beginning of September of 2014. My hubby and I went to the mall.

I had trouble walking with excruciating pain and needless to say,
I just had to make a call!!

They diagnosed the problem and began taking care of my knee.

And what a relief, it is all pain free.

Now, after 3 months of going to the clinic,

There’s only one thing that I really hate.

It is asking myself over and over,

WHY DID I WAIT?!

The staff are so caring,
There is nothing to fear.
Merry Christmas to ALL,
And a very Happy New Year!!!”

~Sincerely, Sue Brunecz, Parma Hts.



New research published in May 2014 should be encouraging for people with knee pain that think surgery and cortisone injections are their only options. This recently published paper is titled "Adjunctive use of combination of super-pulsed laser and light-emitting diodes phototherapy on nonspecific knee pain: double-blinded randomized placebo-controlled trial" and was published in [Lasers Med Sci](#). 2014 May 21.

In our clinic we have observed these changes in dozens of patients, and are continuously surprised by the power of laser therapy in combination with our unique rehabilitation and nutritional support program. As more research is available, I will post and share it with you.

Dr. Pat McCluskey, Chiropractor
9257 W. Sprague Road
Timber Ridge Plaza at Sprague & York
North Royalton, OH 44133

(440) 884-0083 Office